

## San Mateo County's Poetry Out Loud 2025

## "No matter who you are, where you come from, or what your story is, there is some poem out there you can connect with."

**Poetry Out Loud** (POL) inspires in high school students and teens the confidence to make themselves heard, using one of the most powerful tools at their disposal—poetry. It encourages teens to learn about poetry through memorization, performance, and competition. Participants master public speaking skills, build self-confidence, and learn about literary history and contemporary life.

## And the best part about POL, it's fun and easy to participate.

- 1. Ask a teacher, mentor, or group leader to be your sponsor.
- 2. To participate sign up by Dec. 3, 2024 @ <u>bit.ly/PoetryOutLoud2025</u>. You will receive a confirmation email and instructions.
- 3. Go to the POL website and choose 3 poems. <u>www.poetryoutloud.org</u>.
- 4. Coaching sessions will be available to a limited number of students from each school or organization to be held in **January 2025 via Zoom.**
- 5. Check out video of past participants and resources www.poetryoutloud.org.
- 6. Start memorizing and have fun!
- 7. The County competition will take place on February 4, 2025.

"Before I began this process, poetry seemed foreign and inaccessible, but now it is an art with which I can connect and appreciate more fully."

